

Erasmus+ Youth and  
European Solidarity Corps

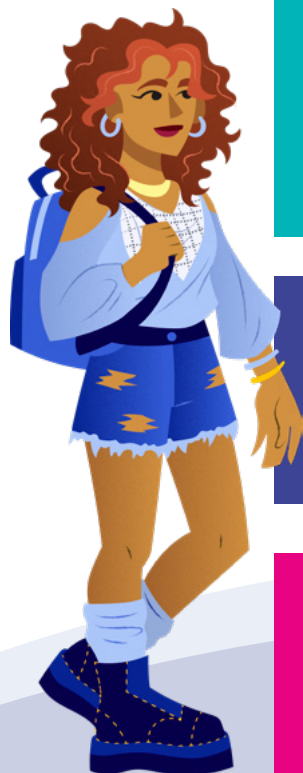
# Route Planner



Choose the option  
that suits you and  
find your own route!



# YOU ARE HERE



I'm over 13  
but under 18

I'm exactly  
18!

I'm over 18 but  
under 30

## Working together

I want to broaden my horizons by working with other young people.

## Explore and wonder

I want to explore the diversity of Europe. Getting to know different countries gives me energy.

## On the side of good

I want to do some good for others and learn useful skills at the same time.

## NEW EXPERIENCES

I want to get to know young people from other countries and their cultures.

## MAKING A DIFFERENCE

I want to make a difference in society and get my voice heard.

## ON YOUR OWN WINGS

All I need is a backpack and maybe a couple of friends.

## LET'S GO TOGETHER

I wouldn't mind a little support during my adventure.

## LOCALLY

I have a vision of the kind of positive activity that is needed in my neighbourhood.

## THE WORLD IS CALLING

I'm open to trying new things and want to give my time to a good cause – and see the world while I'm at it.



YOUTH EXCHANGE

YOUTH PARTICIPATION ACTIVITY



DiscoverEU

DiscoverEU INCLUSION ACTION

SOLIDARITY PROJECT

VOLUNTEERING





## Youth exchange or youth participation activity?

**Youth exchange** You like spending time with other young people. You want to see the world, have fun with others and learn new things by doing, seeing and meeting. If this sounds like you, an international youth exchange could be your thing. It is a camp lasting 1–3 weeks planned by young people themselves, where groups of young people from different countries spend time together and explore a topic of common interest.

**Youth participation activity** You want to explore the opportunities to make a difference around you and find new ways to engage in active citizenship. You want to promote things that are important to you, but perhaps you don't know how yet. If that is the case, a youth participation activity might be just the tool you need. A youth participation activity can last from 3 months to a year and be implemented at the local, regional, national or international level. The content of the activity is planned by you, the young people, with the support of a background organisation!

## DiscoverEU or DiscoverEU Inclusion Action?

**DiscoverEU** You want to create your own adventure and explore Europe by rail! You're prepared to plan and implement your trip on your own, or perhaps as a group with a couple of friends. The European Commission organises application rounds for DiscoverEU travel passes twice a year. Anyone aged 18 living in Europe can apply.

**DiscoverEU Inclusion Action** You want to explore Europe by rail, but you can't do it on your own and need some support. The DiscoverEU Inclusion Action allows organisations to apply for project grants to fund the train trips of young people aged 18–21. You can travel alone or with a small group, and you can also bring along support persons or a group leader, if necessary.

## Solidarity project or volunteering?

**Solidarity project** You are the hero of local news and the favourite of all your hometown residents! You and your friends organise just the kind of activities that your local community needs. If this sounds familiar, a solidarity project is just the ticket for you. A solidarity project is a local project carried out by a group of at least five young people.

**Volunteering** You're interested in adventure and new experiences, but you also want to do something meaningful, learn new skills and work for a common cause. In that case, you can volunteer for 2–12 months. Volunteering is usually carried out abroad. In certain cases, it is also possible to do a volunteering period in your home country or to volunteer for a period of less than 2 months.

## The EU supports the internationalisation and empowerment of young people

Young people participate in EU youth programmes in their free time through organisations or municipal youth work, for example. Participation is either free or at least very affordable for young people.

### European Solidarity Corpst

Come build a more equal society! EU funds can help you work for the good of e.g. children, the elderly or the environment, either in your home country or abroad.

Visit the European Youth Portal for more information on

- volunteering
- solidarity projects.

You can also use the portal to search for available volunteering opportunities.

**For whom?** Volunteering and solidarity projects are intended for 18–30-year-olds. Register and read more: [europa.eu/youth/solidarity](https://europa.eu/youth/solidarity)

### Erasmus+ Youth

Erasmus+ provides young people with access to international experiences and concrete opportunities to make a difference. When you want to plan and implement an activity that interests you, you have two options:

- a youth exchange
- a youth participation activity.

The project is carried out with a group visiting the same youth centre or participating in the activities of the same organisation, for example. People over 18 can also assemble their own informal group and apply independently for a grant to carry out a youth exchange.

**For whom?** Youth exchanges and youth participation activities are open to young people aged 13–30.

### DiscoverEU

Part of the Erasmus+ family, DiscoverEU is your train ticket to adventure! Discover Europe, new people and yourself by rail.

DiscoverEU is divided into two actions:

- application rounds for DiscoverEU travel passes
- the DiscoverEU Inclusion Action.

**For whom?** The application rounds for DiscoverEU travel passes organised by the European Commission are open to all 18-year-olds living in Europe. Please check your eligibility and other information on the European Youth Portal. Participants in the DiscoverEU Inclusion Action must be aged between 18 and 21 at the start of their trip. The application for the grant for the trip must be submitted by an organisation.



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EUROPEAN UNION



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SOLIDARITY  
CORPS**

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#### More information?

You can find more information on the Erasmus+ and European Solidarity Corps programmes at [youth.europa.eu/eu-initiatives\\_en](https://youth.europa.eu/eu-initiatives_en)



#### Any questions?

Get in touch: [eurodeskfi@eurodesk.eu](mailto:eurodeskfi@eurodesk.eu)



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