

TFK programme, funded projects 2025

Project title: EduFoodNet: International Education Programme for Sustainable Food and Nutrition Interventions	
Coordinator Itä-Suomen yliopisto Arja Lyytinen, arja.lyytinen@uef.fi	"EduFoodNet: International Education Programme for Sustainable Food and Nutrition Interventions" (EduFoodNet) is a collaborative project among three universities: University of Antioquia (UDEA) in Colombia, Universidad Nacional Agraria La Molina (UNALM) in Peru and University of Eastern Finland (UEF) in Finland. We propose three courses focusing on the promotion of sustainable, traditional foods with the use of community interventions and school meals. Themes of the courses include sustainability, traditional foods, health effects of foods, food sovereignty, community interventions, social innovation, barriers and facilitators of change, and school meals. The courses will respond to needs for health promotion and mitigation of climate change. The project aligns to the SDGs 2 (Zero hunger), 3 (Good health and wellbeing), 4 (Quality education), 12 (Responsible production and consumption), 13 (Climate change) and 17 (Partnership for the goals), the EU-CELAC Strategic Roadmap 2021-2023, the EU's Global Gateway programme Euroclima and internationalisation strategy of all three partner universities.
Partners University of Antioquia (UDEA), Universidad Nacional Agraria La Molina (UNALM)	Course one is centred on production, gastronomy and health aspects of traditional and local foods as part of sustainable diets used in all partner countries. The responsible university is UNALM. Course two is centred on the promotion of healthy and sustainable diets and traditional foods in communities. Selected health promotion models and social innovation will be applied in the practical activities. The responsible university is UDEA. Course three is centred on school meals for promotion of sustainable and traditional foods. School meals are both an educational tool to teach children about foods and way to improve the nutritional status of the children. The responsible university is UEF. All courses will have an online part, and an onsite complementary part, with practical activities for mobile students. The expected outcome of this project includes co-creation and co-implementation of three courses focusing on the promotion of sustainable, traditional foods with the use of community interventions and school meals. The project enhances awareness about the relevance and importance of sustainable foods, applications of community interventions and school meals through the dissemination of the project results via different channels that can reach a variety of stakeholders (e.g., academia, government, and organisations) in all three countries. The project enables capacity strengthening and development of new research areas and educational collaboration between the partners. The international exposure obtained through mobility will expand the participating students' and staffs' understanding of diverse cultures and food systems. The project will provide a platform for exchange of ideas and experiences, providing many opportunities for capacity strengthening directly to partners and indirectly to their stakeholders.



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